[Put your name here]

[Put your Student Number here]

Experiential Group Work

(Put the teacher's name here)

Reflective Journal and Report

Semester 1 2007

# [Put the date of the first class here]

# **Experience**

[Here we write about what went on during the class – eg. What topics were covered; how did people respond to the teacher and/or to each other]

### **Impact**

[Here we write about how the class affect us as an individual – eg. How did I **feel** (emotionally) about the experiences; what did I **think** about at the time; what do I feel and think about them now]

### **Learning Outcomes**

- [What did I actually learn about groups and how they operate]
- [What did I learn about myself and my thoughts and reactions to different things and people]
- [What did I learn about other people and their behaviours and reactions]

# [Put the date of the next class here]

### **Experience**

### **Impact**

# **Learning Outcomes**

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